



EPIC ANTARCTICA



DECEMBER 04, 2009 – JANUARY 03, 2010

KAPITAN KHLEBNIKOV

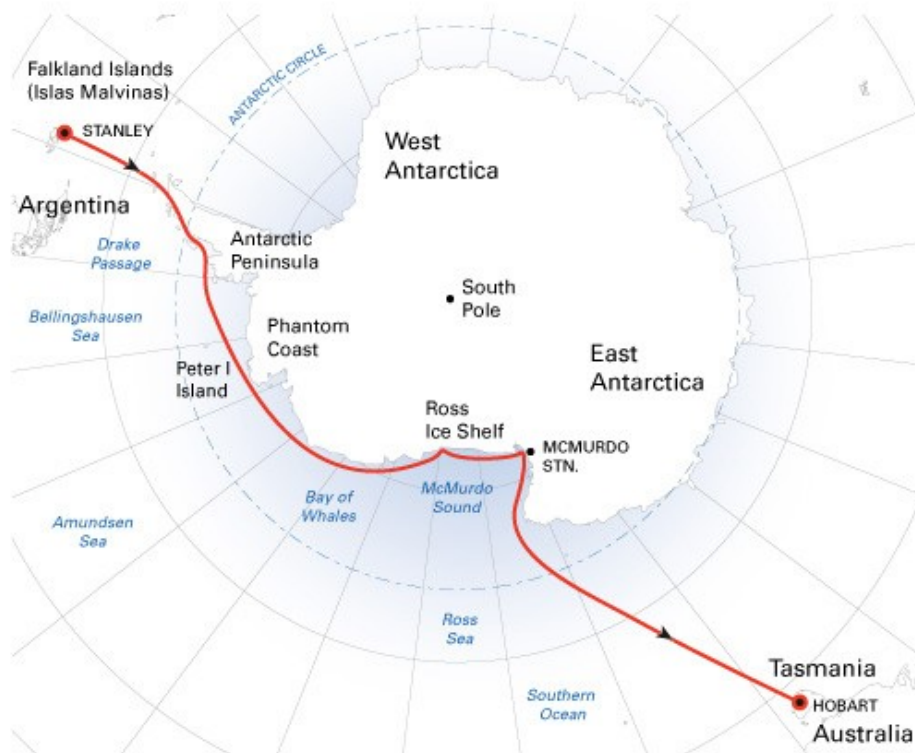
EPIC ANTARCTICA: via the Phantom Coast and the Ross Sea

Departure: December 04, 2009

This expedition will start in Santiago, Chile, with embarkation in Stanley, Falkland Islands (Islas Malvinas). Although disembarkation is in Lyttelton, a group transfer is included to the Christchurch airport.

Expedition Summary

- Day 1** Santiago, Chile
- Day 2** Embarkation in Stanley, Falkland Islands (Islas Malvinas)
- Day 3-8** South Shetland Islands and Antarctic Peninsula.
- Day 9-16** [Icebergs](#) of the Phantom Coast and Amundsen Sea
- Day 17-24** The Ross Sea.
- Day 25-30** Southern Ocean, Campbell and Enderby Islands
- Day 31** Lyttelton, New Zealand in 2010 and Hobart, Australia, in 2011.



Epic Antarctica via the Phantom Coast and the Ross Sea

One Departure

Start: Santiago, Chile in 2009

Finish: Christchurch, New Zealand in 2010

ITINERARY

Day 1: Santiago, Chile

During this 31-day voyage we plan to visit the Phantom Coast, the only passenger expedition to explore that seldom-visited Antarctic coastline in 2009-2010. For two centuries, the ice-locked coastline defied the efforts of explorers to chart it. Exploring the Phantom Coast is still a challenge for all but the toughest vessels. Overnight in Santiago.



Day 2: Stanley, Falkland Islands (Islas Malvinas)

After a flight from Santiago, you will board the icebreaker.

Day 3-8: South Shetland Islands and Antarctic Peninsula

Seabirds accompany the ship across the Drake Passage to the first landfall in Antarctica. We plan to visit penguin rookeries and to cruise among ice floes where seals lounge in the Antarctic summer sun.



Pushing southward, we cross the Antarctic Circle, to enter a world of continuous daylight. We'll explore bays ringed by glaciers, where penguins and seals co-exist in relative harmony. From Marguerite Bay, we'll enter the Bellingshausen Sea.

Day 9-16: The Phantom Coast and Amundsen Sea

As we follow the Phantom Coast, we expect to visit Peter 1 Island. In 2006, the last time we landed successfully, our historian noted that only 800 people in all human history have been known to visit the island. Look forward to several adventurous days of breaking through the Amundsen Sea pack ice. We'll deploy our helicopters so you can witness the power of the icebreaker from the air.



Day 17-24: The Ross Sea



Be on the alert for Emperor Penguins. The water around the Ross Ice Shelf is known to be the habitat of the largest species of penguins. Ross Island is home to the U.S. research base McMurdo Station and to Scott Base, New Zealand's research station. Nearby is Robert Falcon Scott's Discovery Hut (1901-04). Our planned visit is carefully controlled to ensure that the impact of our exploration is negligible.

At Cape Royd, we'll visit other huts associated with the Heroic Age of Antarctic Exploration. You'll tour the huts after an onboard presentation by our historian. Learn more about the expedition bases associated with the first explorers of the Ross Sea from the New Zealand Antarctic Heritage Trust.

Day 25-30: Southern Ocean, Campbell and Enderby Islands

Heading north, we pause to visit Campbell Island, a nature preserve where Royal Albatross nest. You'll follow boardwalks through lush greenery to observation points, from which you may photograph wildlife. Yellow-eyed Penguins, Royal Albatross and New Zealand sea lions share Enderby Island with Red-crowned Parakeets.



Day 31: Lyttelton, New Zealand



Upon disembarking in Lyttelton, New Zealand, in 2010, we will transfer the group by motor coach from the dock to Christchurch airport.

Upon disembarking in Hobart, Australia, in 2011, we will transfer the group by motor coach from the dock to Hobart airport.

DOUG ALLAN, WILDLIFE FILMMAKER

- 3-time Emmy winner
- 3-time BAFTA winner
- Principal cameraman on the BBC's *Planet Earth*
- Polar Medal Winner

In 2010, cameraman Doug Allan will join Epic Antarctica via the Phantom Coast and the Ross Sea as special guest. Doug, who was awarded an honorary doctorate from Napier University in Edinburgh, Scotland in March 2009, has received the Polar Medal from the Queen of England.

He found his calling when working as a research diver on the British Antarctic Survey station Signy Island in the South Orkneys in 1976. He helped scientists carry out their underwater studies, from boats in the summer, and beneath the ice in winter. He spent the next 10 years diving and filming in Antarctica. His footage of Emperor Penguins was optioned by the BBC for the series *Birds for all Seasons*. His career as a freelance wildlife cameraman was born.

His best known work may be as one of the principal cameramen on the BBC Natural History Unit's *Blue Planet* and *Planet Earth*. This award-winning wildlife cinematographer was introduced to a new audience on April 22, 2009, when the DisneyNature film *Earth* premiered in theaters in North America.

Join Doug aboard our Epic Antarctica in 2010. Doug with his wife, Expedition Team Member and internationally renowned wildlife photographer Sue Flood, will be presenting behind-the-scenes footage of their wildlife adventures in the polar regions.

This expedition is offered on our icebreaker *Kapitan Khlebnikov*. The specifications for the ship are below. The departure schedule is available on the dates and rates page.

KAPITAN KHLEBNIKOV

A polar-class icebreaker, combining power and technology with creature comforts. Originally designed for the rigors of northern Siberia, *Kapitan Khlebnikov* is one of a few vessels of its kind in the world.



Cabins and Amenities

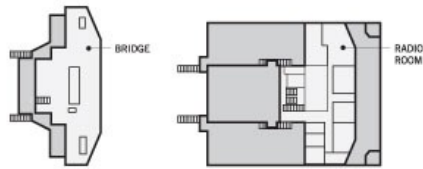
- 54 first-class outside cabins and suites, all with private facilities, large windows, desk, hair dryer, robes and large closets.
- Twin cabins have one fixed berth and one convertible sofa bed.
- Triple cabins are identical to twin cabins, with a third pull-down berth.
- All suites have a sitting room separate from the bedroom, DVD player and television.
- Dining rooms with unreserved seating where an abundant breakfast is served with a wide choice of hot and cold items; and lunch and dinner with menus that change daily.
- 24-hour coffee, tea and hot chocolate self-service station.
- Lounge and bar staffed by a professional bartender; open late afternoon and evening with a wide selection of wines and spirits.
- Heated indoor swimming pool, exercise room and sauna.
- Theater-style auditorium for Expedition Team presentations.
- Onboard shop and library books and videos.
- Ship-to-shore communications via satellite.
- Passenger elevator.
- Clinic with licensed doctor.

Ship Specifications

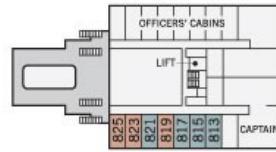
Staff & Crew:	70
Guests:	112
Lifeboats:	4, fully enclosed, capacity of 184
Length:	122.50 m
Breadth:	26.50 m
Draft:	8.50 m
Propulsion:	Diesel-electric engines - 24,000 total horsepower
Ice Class:	LL3
Cruising Speed:	15 knots in open water
Registered:	In Russia by Far Eastern Shipping Company

DECK PLANS

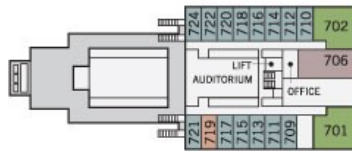
Triple	1 lower berth, 1 sofa bed, 1 pull-down upper berth, private facilities, opening window, desk and chair
Twin	1 lower berth, 1 sofa bed, private facilities, opening window, desk and chair
Suite	1 wider bed and sofa bed, private facilities, separate sitting room, 2 opening windows, 2 desks/chairs, table, TV/DVD
Corner Suite	1 wider bed, 1 sofa bed, private facilities, separate sitting room, 4 opening windows, 2 desks/chairs, table, refrigerator, TV/DVD



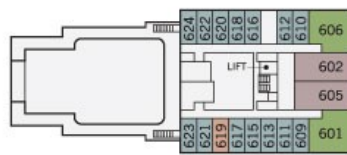
BRIDGE & RADIO DECK



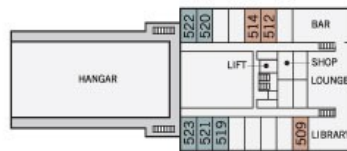
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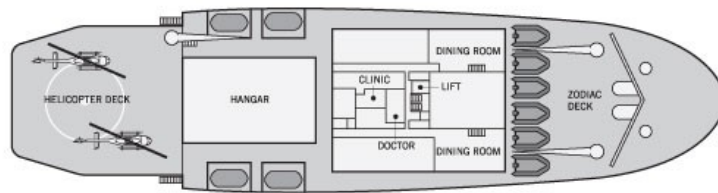
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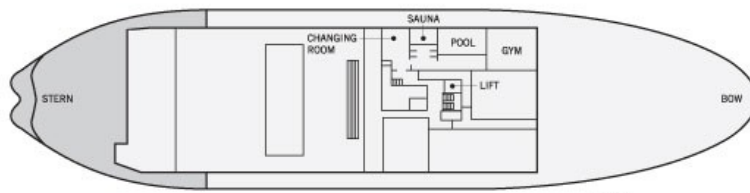
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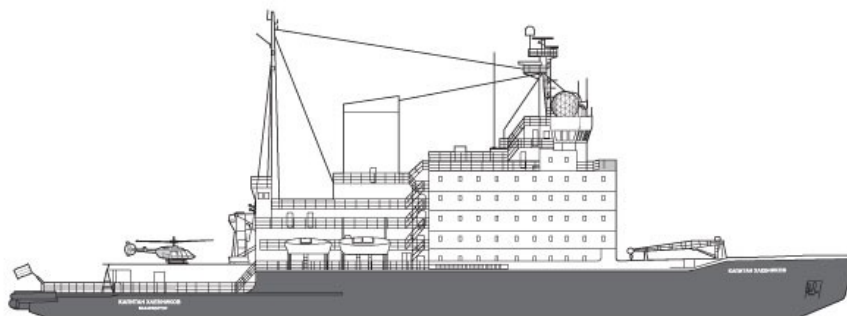
DECK 5



DECK 4



DECK 3



BRIDGE
RADIO DECK
DECK 8
DECK 7
DECK 6
DECK 5
DECK 4
DECK 3

RATES INCLUDE

Inclusions for departures between October 2009 and February 2010:

- 1 night accommodation with breakfast as indicated in the itinerary. (The number of guests per room is the same as cabin occupancy on the ship. Due to limited availability, travelers who reserve a suite on board are accommodated in standard rooms at the hotel.)
- Shipboard accommodation with daily housekeeping.
- All breakfasts, lunches and dinners on board throughout your voyage. (Please inform us of any dietary requirements as far in advance as possible. Unfortunately, the ships' galleys cannot prepare kosher meals.)
- All shore landings and Zodiac excursions per the daily program.
- Leadership throughout the voyage by our experienced Expedition Leader, including shore landings and other activities.
- Formal and informal presentations by our Expedition Team and guest speakers as scheduled.
- Photographic Album on DVD.
- A pair of waterproof expedition boots on loan for shore landings
- Hair dryer in every cabin.
- A Quark Expeditions parka
- Coffee, tea, cocoa and bottled water available around the clock.
- Comprehensive pre-departure materials, including a map and an informative Antarctic Reader.
- Group transfers from the hotel to the ship at the embarkation port, and from the ship to the local airport on disembarkation – plus all baggage handling aboard ship.
- All miscellaneous service taxes and port charges throughout the program.
- Emergency Evacuation Insurance for all passengers to a maximum of \$100,000 per person.
- All helicopter transfers and aerial sightseeing according to each day's program.

Inclusions for Antarctic Icebreaker Adventures 2010-2011:

- One night pre-expedition hotel accommodation with breakfast, as indicated in the itinerary. (The number of guests per room is the same as cabin occupancy on the ship. Due to limited availability, travelers who reserve a suite on board are accommodated in standard rooms at the hotel.)
- All helicopter transfers and aerial sightseeing according to each day's program.
- Shipboard accommodation with daily housekeeping.
- All breakfasts, lunches and dinners on board throughout your voyage. (Please inform us of any dietary requirements as far in advance as possible. Unfortunately, the ships' galleys cannot prepare kosher meals.)
- All shore landings per the daily program.
- Leadership throughout the voyage by our experienced Expedition Leader, including shore landings and other activities.
- All Zodiac transfers and cruising per the daily program.
- Formal and informal presentations by our Expedition Team and guest speakers as scheduled.
- Photographic Album on DVD, documenting the voyage.
- A pair of waterproof expedition boots on loan for shore landings.
- A Quark Expeditions parka – yours to keep.

- Coffee, tea, cocoa available around the clock.
- Hair dryer and bathrobe in every cabin.
- Comprehensive pre-departure materials, including a map and an informative Antarctic Reader.
- All miscellaneous service taxes and port charges throughout the program.
- All luggage handling aboard ship.
- Emergency Evacuation Insurance for all passengers to a maximum benefit of \$100,000 per person.

FAQ

If I book this expedition, what additional major expenses will I incur?

1. Transportation to Santiago, Chile and from Lyttelton, New Zealand is not included in the cost of the expedition. The charter flight from Santiago to Stanley, Falkland Islands (Islas Malvinas) is available at an additional cost.
2. Wearing the right clothes is essential. Mean coastal temperatures are seldom far below freezing. However sunny conditions may swiftly shift to storms with very cold winds and snow flurries. A complimentary parka is provided and we loan you a pair of boots for the duration of the expedition. Once you have booked, we will provide you with a complete list of what to pack.
3. Of course gratuities are always at your discretion, but we recommend \$10-15 per person day if you were pleased with the service level on board. This will be anonymously collected at the end of the voyage and distributed amongst staff and crew. You can make this payment in cash or charge to your shipboard account.

What is the average age and nationalities of travelers on this expedition?

Icebreaker travelers range in age from 45 to 80 - with the majority between 55 and 75. Most members of Icebreaker Expeditions are sophisticated, independent-minded travelers from around the world.

Must I understand English to participate?

Our voyages appeal to an international audience. About 40% of the travelers who join our voyages come from countries where English is not the first language. English is the language used for all documents, communications, shipboard announcements and education program presentations. While most of our travelers have a working knowledge of English, their level of proficiency with the language varies greatly. If you have questions on how your knowledge of English may impact your experience, please contact our office and one of our Sales Representatives will be happy to discuss this with you.

Do I have to be fit to join one of these expeditions?

Travelers must be able to make their way down a steep, narrow gangway, on the side of the ship to the Zodiac for shore landings. You should be able to walk steadily about the ship, keeping one hand free for the railing, and be able to negotiate through a heavy steel sea door. This expedition is not appropriate for people with restricted mobility as none of our ships offer handicap facilities. Shore landings usually offer a choice of a shorter hike and longer hikes. Of course, if you wish to remain back at the landing site with some of the staff, you are welcome!

May my children accompany me on the expedition?

On this expedition we welcome children that are at least 12 years of age. All children must be accompanied by at least one adult willing to supervise them at all times. Note that the shipboard education programs are designed for adults.

How long will it be light during my trip?

The time of year you travel to Antarctica will determine the amount of daylight. October, November are typically the month where the night falls around 9 or 10pm with sunrise in the early morning. This is the beginning of the Summer Season. Peak daylight is Mid December through early February with nearly 24 hours of sunlight, depending on how far south your voyage travels.

What about seasickness?

In general, the roughest seas encountered are during the open ocean crossings to and from Ushuaia through the Drake Passage; it takes roughly 2 and one half days to get to/from the peninsula and 2 days to/from the Falkland Islands. Everyone reacts differently to the seas, so our Medical Director suggests you consult your physician for a recommendation for your specific circumstances.

Do your ships have stabilizers?

Yes, all our ships have stabilizers.

What is the food like on your ships?

Our passengers rave about the food and the food service offered on our ships. We have standardized our Catering operations on all our ships, so regardless of which ship you travel on, you will receive the same variety of food and excellent service. We offer breakfast, lunch and dinner, and can accommodate most dietary requests and restrictions provided you notify us at time of booking. Afternoon tea with desserts is served each afternoon, and coffee/tea/water service is available in the lounge areas around the clock.

BOOK AIR TRANSPORTATION AT THE SAME TIME AS YOUR EXPEDITION.

Q: What are the benefits of reserving my air arrangements through Quark Expeditions?

A: When you reserve your cruise with Quark Expeditions we can also handle your air arrangements. Our air arrangements offer a seamless, worry-free way to get from your home airport to the cruise ship and back again. You will be speaking with individuals who have been to the airports you will be traveling through, and know and understand the unique logistics of the departure city. Arrangements include round-trip air transportation to and from the port of departure and arrival.

Air arrangements via Quark will also allow you to choose a preferred airline, specific times and/or premium-class seats.

Q: What do air arrangements include?

A: Air arrangements include round-trip air transportation to and from the port of departure and arrival, all airlines taxes and fees.

Q: When do I receive my airline flight schedules?

A: Air reservations receive immediate confirmation of the itinerary.

Q: Can I get airline seat assignments through Quark Expeditions?

A: We will attempt to secure seat assignments (Based on availability as the airlines have ultimate control over all seat selection).

Q: Can I use frequent flyer miles to upgrade my seat?

A: Some of our air carrier contracts restrict you from using any additional incentives, coupons or discounts. However, most carriers allow guests to accrue frequent traveler miles. Please provide your Frequent Flyer information at the time of booking and you will be advised if your purchase qualifies for frequent flyer points.

Q: Can I get one-way air transportation?

A: Yes, our Air Department can assist you with your request. Additional costs may apply. Round trip air add-on will apply.

Q: How does Quark Expeditions notify guests/travel agents of schedule changes?

A: Quark Expeditions will attempt to notify guests/travel agents of schedule changes. However it is the guest's and travel agent's responsibility to reconfirm flights prior to departure. Once tickets have been issued it is the airlines responsibility to protect schedule changes resulting in missed connecting flights.

Q: What if I'm trying to travel with a group?

A: We love groups. Guests from the same departure city that are booked at the same time will be placed on the same flights. We cannot guarantee all other guests from departure cities other than your own will be on the exact same flights. Additional air costs may apply.